



Goals

- Range of motion
- Pain management & self pacing strategies

Range of Motion

1



Assisted Extension

Capsule Stretch

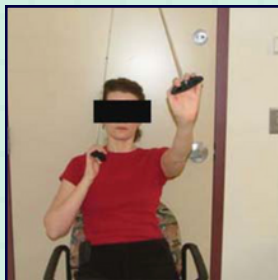
2



Posterior Capsule Stretch

Range of Motion

3



Assisted Flexion